

OCT ANGIOGRAPHY: IMAGING MOTION Rick Trevino, OD, FAAO Rosenberg School of Optometry



ONLINE NOTES

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DISCLOSURES

• No conflicts of interest to disclose.



RESOURCES



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OVERVIEW

- Retinal blood supply
- Technology (Motion contrast)
- Displays & Interpretation
- OCTA in disease
 - Diabetic retinopathy
 - Venous occlusion
 - CNV (AMD, others)
 - Glaucoma



RETINAL BLOOD SUPPLY



CENTRAL RETINAL ARTERY



Superficial capillary plexus: Ganglion cells Deep capillary plexus: Bipolar cells (INL)

CHOROID



Choriocapillaris – Sattler's – Haller's –



INTRODUCTION

- Non-invasive "flow" imaging
- 3D volumetric data
- Simultaneous retinal and choroidal imaging
- Structure/vasculature in tandem



Structure - Superficial





INTRODUCTION

- Rapid acquisition
- Short term repeatability
- High microvascular resolution



INTRODUCTION

• Precise delineation/measurement of neo



TECHNOLOGY

FDA Cleared

- Zeiss AngioPlex[™]
 - Cirrus & Plex Elite 9000
 - Optical micro-angiography

• Optovue AngioVue™

- RTVue XR Avanti Angiovue
- Split-spectrum amplitude decorrelation angiography

Heidelberg Spectralis OCTA Module

 Full spectrum amplitude decorrelation angiography

Topcon DRI-OCT Triton SS-OCT

• OCT angiography ratio analysis







Statistically significant differences exist across devices when measuring the same parameter



PMID: 32975683



CARACTER STATE

PMID: 33101783

MOTION CONTRAST



MOTION CONTRAST



MOTION CONTRAST





DISPLAY- En Face



DISPLAY- En Face

Segmentation lines tell you what retinal layers are being displayed en-face



Choroid



DISPLAY- Color En Face



DISPLAY- B Scan Overlay





	Angiography Analys	is : Angiography 6x6 mm	n	OD ()	OS OS
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Angiography Analysis : Angiography 6x6 mm





OCT Angiography Overview SPECTRALIS® Tracking Laser Tomography

HEIDELBERG ENGINEERING OD

Patient: DOB: Sex: М Patient ID: Exam.: Jul/30/2021 Diagnosis: ---Comment: -





Comments

Doctor's Signature

SW Ver: 11.1.0.32456 Copyright 2018 Carl Zeiss Meditec, Inc All Rights Reserved Page 1 of 1

Step 1: Image the right spot

Step 2: Look at the en face OCTA image



Step 5: Look at the en face intensity image Step 4: Look at the B-scan with flow overlay



PMID: 33292740



Step 3: Look at the segmentation lines





ARTIFACTS- Motion





ARTIFACTS- Projection



Spaide R, et al. Image Artifacts in OCTA. Retina. 35(11):2163-2180.



ARTIFACTS- Projection









ARTIFACTS- Projection

Without projection artifact removal



With projection artifact removal







QUANTITATIVE ANALYSIS

FAZ Area

• FAZ area at the level of the superficial capillary plexus

Vessel Density

 Proportion of image area occupied by blood vessels

Fractal Dimension

- A mathematical parameter that describes the degree of complexity of the vascular pattern
- 1 = low complexity; 2 = high complexity



Superficial Deep FD: 1.639 FD: 1.739 Contro FD: 1.545 FD: 1.612 **Diabetic**



OCTA Clinical Applications

- Early diabetic retinopathy detection
- Identify vascular abnormalities (IRMA)
- Identify non-perfusion
- Evaluation of FAZ
- Visualize the deep capillary plexus
- Differentiate IRMA from early NVE
- Localization of microaneurysms
- Follow response to treatment



Normal

Diabetic



	Control	Diabetics Without DR	Diabetic Retinopathy
Mean FAZ area in the superficial plexus (mm2)	0.25	0.37 (p<0.01*)	0.38 (p<0.01*)
Mean FAZ area in the deep plexus (mm2)	0.38	0.54 (p<0.01*)	0.56 (p<0.01*)

*compared to controls (no sig diff between diabetic grps)

Takase N, et al. Enlargement of FAZ in Diabetic eyes evaluated by En Face OCTA. Retina 2015. 35(11):2377-2383.



Mild NPDR with reduction in BCVA



Intraretinal microvascular abnormalities (IRMA)



DIABETIC RETINOPATHY IRMA or early NVE???





VRI
















VRI

Superficial

















VENOUS OCCLUSION

OCTA Clinical Applications

- Quantify non-perfusion
 - Ischemic vs non-ischemic?
 - BRVO: Risk of post segment neo
 - CRVO: Risk of ant segment neo and NVG
- Visualization of macular ischemia
- Earlier detection of posterior segment neo



BRVO - Ischemic







BRVO – Nonischemic





BRVO – Nonischemic





Retinal Vein Occlusion

CASE REPORT

52yo HM

- Referred to our retinal service for evaluation of RVO OS
- Pt c/o blur OS x 5 days getting worse
- BCVA: 20/25 OD, 20/200 OS
- Ta 19/14
- SLE: WNL OU, No NVI











S/P IVB x 1

S/P IVB x 3 (5 mos after presentation)



BCVA 20/40

AngioPlex - Retina



Macula Thickness : Macular Cube 512x128

OD O OS







ILM - RPE





AngioPlex - Retina



Central 24-2 Threshold Test





Retinal Vein Occlusion

KEY POINTS

- Vision loss from RVO may be a consequence of macular ischemia and/or edema
- More extensive retinal ischemia increases the risk of neovascular complications
- OCTA is an excellent tool for evaluating retinal perfusion and detecting preretinal neovascularization following RVO



AMD & OTHER CAUSES OF CNV

OCTA Clinical Applications

- CNV detection, classification and quantification
- Assess responsiveness to treatment
- Assess need for retreatment
- Detect quiescent (inactive) CNV membranes

AMD



AMD - Drusen

Avascular Angio

Avascular Structural



AMD - Drusen Choriocapillaris Choroid





PMID: 32826223

Avascular

Choriocapillaris

Choroid





Seafan Pattern

Medusa Pattern



Vessels radiate from one side of the lesion

Vessels branch in all directions from the center of the lesion

PMID: 30932032



Clinical science

Evaluation of the clinical utility of optical coherence tomography angiography in age-related macular degeneration

Melina Cavichini,^{1,2} Kunny C Dans,¹ Mahima Jhingan,^{1,3} Manuel J Amador-Patarroyo,^{1,4} Shyamanga Borooah,^{5,6} Dirk-Uwe Bartsch,¹ Eric Nudleman,¹ William R Freeman ¹⁰

Sensitivity	80%	Correctly identify presence of CNV
Specificity	85%	Correctly identify absence of CNV
Positive Predictive Value	60%	CNV found after positive result
Negative Predictive Value	94%	CNV not found after negative result

PMID 32826223



THREE CLINICAL CNV VARIANTS

- 1. <u>Active lesions</u>: Symptomatic, signs of exudation on OCT (subretinal fluid)
- Inactive lesions: Status following successful anti-VEGF therapy. No signs of exudation on OCT
- 3. <u>Subclinical lesions</u>: Asymptomatic, no signs of exudation on OCT. Often found in fellow eyes of active CNV. High risk of becoming active



Presence of qualitative OCTA criteria



INACTIVE

ACTIVE

OCTA SIGNS OF ACTIVE CNV

Active lesions contain smaller caliber vessels

Active lesions have looping vessels at margins. Inactive lesions have a "dead tree" appearance

Active lesions are surrounded by a zone of decreased signal intensity ("halo sign")

PMID: 31665719





Subretinal lesion with fluid leakage

OCTA reveals seafan CNV with OCTA signs that it is active Left: Outer retina Right: Choroid

PMID: 30932032

AMD- Nonexudative (subclinical) CNV



- A. OCT shows PED w/o
 SRF in right eye of
 78yo asymptomatic
 man with dry AMD.
 VA 20/20
- B. OCTA B-scan shows flow signal within PED
- C. En-face OCTA reveals CNV within PED. Note projection artifact of retinal vascular tree
- D. Same image with projection artifact removed

PMID 26876696

These lesions are asymptomatic but carry a high risk of exudation. These lesions may remain stable for years but require close monitoring

AMD- Nonexudative (subclinical) CNV



Sensitivity: 88% Specificity: 87% PPV: 76% NPV: 94% "DOUBLE LAYER" SIGN TO IDENTIFY SUBCLINICAL CNV IN EYES WITH "DRY" AMD

Top layer = RPE Bottom layer = Bruch's

Absence of SRF, blood, and other signs of exudation indicates nonexudative nature of the lesion

PMID: 31014697



WHAT IS IT?

MacTel type 2 is an idiopathic bilateral neurodegenerative disease with characteristic alterations of the macular capillary network and neurosensory atrophy

CLINICAL FEATURES INCLUDE:

- Loss of macular pigment
- Retinal hyporeflective cavities on OCT
- Telangiectatic capillaries (early)
- Retinal pigment plaques, foveal atrophy, and subretinal neovascularization (late)



CASE REPORT

56yo HF

- Consultation for evaluation of maculopathy OU
- C/O bilateral progressive decrease in vision x 2 yrs
- MH: Good health. No meds
- POH: Unremarkable
- BCVA: 20/100 OD, 20/200 OS
- Ta 25/25 @ 2pm
- SLE: WNL OU





OD

OS



OD

AngioPlex - Retina



OS

AngioPlex - Retina

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AngioPlex - Custom



OS

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OUR PLAN:

(1) IVB OS, (2) Glaucoma eval, (3) Low vision

PATIENT'S PLAN:

- Return 8 mos later
- C/O vision getting worse OS.
- BCVA: 20/100 OU
- Ta 24/24 @ 4pm
- SLE: WNL OU



OD

OS



Registration : Automatic

Registration succeeded

Exam from 8/4/2017 1:02:18 PM

Fovea: 297, 75





Overlay: OCT Fundus

Transparency: 0 %

Exam from 4/13/2018 4:21:07 PM





Overlay: ILM-RPE Difference Transparency: 0 %

KEY POINTS

- No effective treatment for nonproliferative disease (macular atrophy)
- Treatment of subretinal neovascularization can prevent vision loss
- OCTA is well suited to visualizing the retinal vascular abnormalities associated with MacTel2, particularly with monitoring subretinal neovascularization

GLAUCOMA

OCTA Clinical Applications

- Screening/diagnosing
- Staging
- Monitoring progression
 - High myopia

GLAUCOMA



AMERICAN ACADEMY OF OPHTHALMOLOGY*

Ophthalmic Technology Assessment



OCT Angiography for the Diagnosis of Glaucoma

A Report by the American Academy of Ophthalmology

Darrell WuDunn, MD, PhD,¹ Hana L. Takusagawa, MD,² Arthur J. Sit, MD,³ Jullia A. Rosdahl, MD, PhD,⁴ Sunita Radhakrishnan, MD,⁵ Ambika Hoguet, MD,⁶ Ying Han, MD, PhD,⁷ Teresa C. Chen, MD⁸

Purpose: To review the current published literature on the use of OCT angiography (OCTA) to help detect changes associated with the diagnosis of primary open-angle glaucoma.

Methods: Searches of the peer-reviewed literature were conducted in March 2018, June 2018, April 2019, December 2019, and June 2020 in the PubMed and Cochrane Library databases. Abstracts of 459 articles were examined to exclude reviews and non-English articles. After inclusion and exclusion criteria were applied, 75 articles were selected and the panel methodologist rated them for strength of evidence. Three articles were rated level I and 57 articles were rated level II. The 15 level III articles were excluded.

Results: OCT angiography can detect decreased capillary vessel density within the peripapillary nerve fiber layer (level II) and macula (level I and II) in patients with suspected glaucoma, preperimetric glaucoma, and perimetric glaucoma. The degree of vessel density loss correlates significantly with glaucoma severity both overall and topographically (level II) as well as longitudinally (level I). For differentiating glaucomates from healthy

"Vessel density loss associated with glaucoma can be detected by OCTA."

PMID 33632585

Glaucoma

Superficial



Seminars in Ophthalmology, 2019; 34(4): 279–286 © Taylor & Francis ISSN: 0882-0538 print / 1744-5205 online DOI: https://doi.org/10.1080/08820538.2019.1620807



Check for updates

A Review of OCT Angiography in Glaucoma

Astrid C. Werner and Lucy Q. Sheno

Department of Ophthalmology, Massachusetts Eye and Ear Infirmary, Boston, USA

ABSTRACT

There is growing evidence that vascular dysfunction plays a role in the pathogenesis of glaucoma. The details of this relationship have remained elusive partially due to limitations in our ability to assess blood flow in the optic nerve. Optical coherence tomography angiography (OCTA) has emerged as a promising new technology well positioned to become the first clinically suitable test of optic nerve perfusion. OCTA uses the motion of red

"There is early evidence that OCTA may be of particular use in very early or very late stage disease where our current functional or structural diagnostic modalities fall short, however, its superiority to existing technology has not been confirmed."



CONCLUSION

- Many advantages over IVFA
- Better detection of non-perfusion in diabetes and vein occlusion
- Earlier detection of pre-retinal neovascularization
- Improved visualization of CNV and precursors
- Potential for early glaucoma detection and end-stage management